

Village Music Circles Global Introduction to Drum Circle Facilitation

The “Introduction to Drum Circle Facilitation” one day workshop, delivered on behalf of Village Music Circles, <https://villagemusiccircles.com/> by Rhythm2Recovery, showcases the fundamental information and experience necessary to facilitating a drum circle using basic techniques. And opens a window into the vast world of possibilities that the art of drum circle facilitation offers. The day is full of fun opportunities to learn & practice facilitation techniques in the circle, attain feedback from experienced professionals and network with like-minded individuals.

After attending the VMC Global Elements of Drum Circle Facilitation’s one-day introductory program, participants will be able to:

- Understand the process of facilitating a drum-circle from its beginning to its conclusion
- Recognise the importance of, and requirements necessary to creating a safe space for participants
- Identify eleven or more concepts/terms used in basic rhythm facilitation.
- Demonstrate basic rhythm facilitation techniques and concepts.
- Recognise how rhythm facilitation can be integrated into various settings, including but not limited to the school, medical, therapeutic, spiritual, and social setting.
- Network and communicate with members of a variety of different disciplines, including educators, occupational therapists, music therapists.
- Identify a range of resources to further their journey in community rhythm facilitation.

The Format for the day: 9am to 4pm

- Experiential Orientation - Drum Call & Running the Map
- Welcome - Introduction and Philosophy: What we do and why
- Overview of Basic Concepts and Techniques
- Exercises – the main body of the program
- Full group closing Jump Time (if time allows)
- Closing Debrief
- Conclusion

Drum-circles are a wonderful way to bring community together no matter what age, background or ability. You can use a drum circle to celebrate an accomplishment, to reflect on a theme, reinforce a concept, and much more. It’s great tool for creating connections within a diverse group by building a sense of community and common purpose. And for the individuals within the group by connecting them with their unique gifts, both musical and non-musical, it provides a great sense of accomplishment, empowerment and joy. Over 20 different research studies have consistently shown participants experience an increased sense of belonging and improvements in mood. The drum circle facilitators’ (DCFs’) job is to create a safe and playful place for people to explore their own unique creativity, support each other and build a sense of community at the same time. All that AND we get to have lots of fun playing music together!

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