



## School Based Feedback

### from Rhythm 2 Recovery Training events

**This training was fantastic and very insightful – Highly valuable to me professionally and I can't wait to implement Rhythm2Recovery with the adolescents I support.** *Kyla Alexander, Student Wellbeing Coordinator, SFYS, Bayside, Melbourne, Australia*

**So much fun! I've never left a 2-day workshop (on a Friday!) so full of excitement for work on Monday – thinking of how I will implement this with my students.** *Jess Patrick, Elizabeth Park school, SA*

**An energising, inspiring and validating workshop with practical application for my work.** *Shelley Stark, Vice Principal, Erma Stephenson Elementary, BC, Canada*

**More than anything else I was looking for a course that could deliver social understanding, self-confidence and empowerment for my students; this course delivered 10/10,** *Kylie Bishop, Bold Park Community School, WA, Australia*

**Unbelievable! What a wealth of amazing activities and ideas to use, not only in a counselling context, but also in a general classroom. There are not many PD's I would drive 1,800kms return to attend, but this is definitely one of them.**

*Susannah Hollands, Teacher, NT, Australia*

**Fantastic training, I am so excited to bring this back to my school and implement it with our school community. Excellent delivery of material with a great balance of theory & practice.** *Laurie Caines, Principal, Montrose School, BC, Canada*

**I don't think I have enjoyed a training more. Very practical – so many varied ideas for such a range of important topics for our students to consider, all within a fun framework of music.** *Jane Opie, Deputy Principal, Forbes Primary School, SA, Australia*

**The most enjoyable and relevant training I have had – I feel inspired both professionally and personally,** *Sofia Awadalla, School Counsellor, Catholic Ed.*

**I thoroughly enjoyed the experience of drumming and see how it opens up so many ways of communicating with our students, and maybe even our staff, around vital life issues,** *Norma Nay, Principal, Beacon Heights School, AB, Canada*

**Rhythm2Recovery extended my previous training with Simon and his DRUMBEAT program, furthering my repertoire and introducing a highly flexible approach to help children build effective personal and pro-social skills,** *Donna Forfyflow, Principal, Mount Royal School, Edmonton, AB, Ca*

**Perfect!! A perfect fit for out school – fantastic to have covered so many exercises and still more in the book. The best musical PD I have been to as a performing arts teacher in a multicultural school – loved all of it!** *Anita Voumard, St georges Rd PS, Melbourne, Australia*

**Simon's training sessions were life changing, and showed me how a drum can be used to give a voice to those who struggle with self-expression and oral communication. The simple and fun, yet extremely thought-provoking activities, open up a rich world of non-verbal communication and self-awareness. I have been amazed at how his program has enriched my students.** *Anne Harris, Sullivan Heights, Surrey School District, BC, Canada*

**I loved these two days – I have grown both professionally and personally as a result of this program,** *Sue Waterhouse, Principal, Merriwa PS, WA, Australia*

**Engaging and inclusive. A versatile tool that is universal to all, thank you for this wonderful training.** *Kylie Barr, Bassendean PS, WA, Australia*

**A Brilliant experience – Loved every minute of it & can't wait to use it at my school.** *Trish Forsyth, Principal, O'Connell PS, NSW, Australia*

**One of the best PD's I have ever attended. So many areas of my teaching will benefit from these concepts.** *Sharon Stanley, Lyndhurst PS, NSW, Australia*

**Interactive, Interesting, Invaluable!** *Cindy Pincton, Principal, Dorroughby Enrichment School, NSW, Australia*

### **High Risk Student Behavioural Centres**

**The beauty of R2R is in its flexibility. I am able to tailor the program to the needs of the group. Whether in sessions with individuals all the way through to larger groups, R2R allows me the flexibility to address any number of issues that come up and for any length of time.** *Gerard McDonnell, Senior Psychological Advisor, Specialist Support Unit, NSW Education.*

**A refreshing new approach, really enjoyable, and relevant to my students,** *Christine Tindall, Metropolitan Behavioural Services, Qld, Australia*

**Nothing short of awesome. Excellent for both classroom and counselling use. I am looking forward to bringing this back to my school** *Koreen Bennett, Counsellor/Teacher/ Head of Student Services – Queen Elizabeth High School, Edmonton, AB, Canada*

**Through my facilitation of social and emotional learning groups that combine both drumming and reflection, I have seen tremendous success with indigenous students. Both male and female students gain confidence, resilience, a stronger sense of self and a stronger sense of belonging. Many of our indigenous students are better able to communicate with the assistance of the drums and feel more comfortable communicating within the group due to the relationships built during drumming games and activities. I am yet to work with a student who has not displayed a growth in social and emotional skills after being part of this work – I couldn't recommend the Rhythm2Recovery program enough.** *Rebecca Arbon, Senior Teacher, Positive Learning Team – PARR Rural, NT Department of Education, Australia*

**Fun, Inspiring & Motivating – I am looking forward to implementing this at our centre –** *Leeaane Graham, Macquarie Behavioural Support Centre, NSW, Australia*

### **Special Needs Education – including Autism**

**Delivering the R2R program for the cohort of students at my school has been an amazing experience. I never come away from a day of teaching without being surprised. The connections that students are able to make with each other during lessons is a very special thing to be a part of. Watching the level of students' anxiety reduce over the term of the R2R teaching block is quite remarkable. Watching the students' rhythmic skills and confidence develop from engaging in the lessons is unmeasurable. We get to see transferable effects into the classroom on levels of concentration to more engagement and calmer students.** *Michelle Griffin, Redcliffe Special School, Qld, Australia*

**An amazing experience & an exceptional program – Keep up the good work.** *AnnetteNorthall, Learning Support, Dorchester School*

**Very worthwhile. A great experience with many valuable ideas to bring to my work.** *Sabine Arnold, Special education teacher, Edge Hill State School, Cairns, Australia*

**Many new activities learnt - Simon is a great facilitator, very authentic & generous in his sharing. These ideas will be readily implemented into our inclusive classroom.** *Anne Siranathan, Special needs teacher, Kula Lumpur, Malaysia*

**Enjoyable, interesting and great tools and exercises to share with my students.** *Anthony Chiovitti, Special needs educator, Gwynne Park Ed Support centre, WA, Australia*

**Highly valuable and fun training that left me with confidence that I could drum and implement it,** *Gillian Gore, Special Needs Educator, Merriwa, WA, Australia*

**Amazing, Brilliant & Exhilarating – Highly Recommended!** *Leisl Wrightson, Halinda SN School, NSW*

**This was a highly useful training filled with laughter & enjoyment.** *Ben Harbill-Law – Halinda Special Needs School, NSW, Australia.*

### **Music Teachers**

**It is so awesome that after 26 years of teaching music in the classroom I feel inspired and challenged again. I cannot wait to experience your teachings with my students.** *Jody Thibault, Kirkness School, AB, Canada*

**A fully immersive and enjoyable training which has opened up a whole field of new possibilities.** *Paul John Deer, Music Educator, Scotland, UK*

**I feel that this training would be so beneficial in every Canadian school – it is invaluable** *Lulu Leathley – Music consultant, Vancouver, Canada.*