



Rhythm2Recovery Workshops Precautions & Changes During the COVID-19 Epidemic.



At Rhythm2Recovery we are committed to ensuring as safe a training environment as possible during this period of potential risk of contagion due to COVID-19.

We are monitoring all advice from the National Health Department, State and Federal Government.

Currently we are implementing the following actions:

- Asking anyone with flu-like symptoms to refrain from attending – a full refund or transfer will be offered.
- Asking anyone who has recently returned from overseas to refrain from attending – a full refund or transfer will be offered.
- Asking anyone who has had contact with a known carrier of COVID-19 to refrain from attending – a full refund or transfer will be offered.

At our events we are:

- Reducing the number of attendees to 20 for any one workshop
- Seating people at a distance of 1.5m in the circle as per government recommendation.
- Avoiding exercises that require closer contact – some additional exercises will replace these.
- Avoiding exercises that require the swapping of instruments – participants will use the same instrument/s each day.
- Not providing catering to avoid cross contamination – people should bring their own food and keep-cup/water bottle etc.

Additional sanitisation:

- Where possible we will be using non-porous synthetic drums
- We will be cleaning all instruments before each workshop and at the end of each day with antiseptic cleanser.
- We will provide additional soap for cleansing hands
- We will provide basic face-masks for anyone wanting one.

We accept that despite these precautions some people may still wish to transfer to a later event or request a refund – that is fine, but we ask people to make these decisions as early as possible.

We look forward to providing training for you, as it is likely that the skills taught in these workshops will be of great use due to the psychological impact of the pandemic for many.

Unfortunately, however it also possible that unforeseen events may require us to cancel a specific training – a full refund or transfer to another event will be provided.

Best wishes to all, Simon Faulkner & the Rhythm2Recovery team