



Scoring the Rhythm2Recovery Pre & Post Questionnaires for Social & Emotional Health



The two questionnaires (pre & post) developed as part of the Rhythm2Recovery Program Resources can give an indication of change along a continuum of Social and Emotional Health (SEH). It is important to note that these questionnaires have not been formally validated and should not be used for formal research, but can be useful for program evaluation.

A list of validated scales can be found in the section on evaluation in the book 'Rhythm to recovery' ISBN -13 9781785921322

Free measures for children & adolescents can also be found here

<https://pbissmissouri.org/wp-content/uploads/2018/09/Compendium-Version-2.pdf>

The questions are divided into two categories – Positive & Negative

Nine 'Positive' Questions – 1,4,6,7,9,11,12,16, & 24

Fifteen 'Negative' Questions – 2,3,5,8,10,13,14,15,17,18, (19), 20,21,22, & 23.

Depending of the age of the participants some people will delete question 19 – on drug use.

Divide the two sets of questions to score an individual and examine movement across the time period of an intervention.

Question Type	Low SEH Range	Average SEH Range	High SEH Range
Positive Questions	9 -25	25 -35	35 - 45
Negative Questions	50 - 75	30 - 50	15 - 30
Negative Questions without Q 19	45 - 70	28 - 47	14 - 29